

Welcome to the Swedish Budo & Martial Arts Confederation!

Organisation

The Swedish Budo & Martial Arts Confederation (SB&K) is a specialist sports confederation that is a member of the Swedish Sports Confederation (RF). SB&K is divided into 18 different subconfederations (UF) and 7 specialist district confederations (SDF). Which sub-association and district your association belongs to depends on which sports the association conducts and which place of residence you have. On our website you will find a list of all the federation's <u>sub-confederations</u> and <u>specialised district confederations</u>. To get a clearer picture of SB&K, there is also <u>an organisational</u> <u>map of the confederation</u>. You can also use it to create your own organisational map of your association.

budokampsport.se

On our website you will find useful and <u>practical information</u> as well as <u>tips for sports associations</u> that are members of SB&K. For example, an association will conduct an annual meeting every year and to facilitate the board's work prior to that, we have developed both a quick tutorial with things to consider prior to the annual meeting and a guide for how the meeting should be conducted. On the website you will also find instructions on how to change the name of the association, or if you as an association want to terminate your membership with us at the Swedish Budo & Martial Arts Confederation. On the website you will also find <u>templates and support materials</u> that you can use for e.g. development of the association.

Membership fees

Another important thing to remember is when the membership fees to SB&K, UF and SDF should be paid by. It is important for you as an association to have the right to vote at the annual meetings of the confederation and because the membership will otherwise be automatically terminated. On our website you will find a list of membership fees within the confederation. To avoid forgetting to pay the fees in a timely manner, we suggest that you use an annual wheel. Feel free to use the annual wheel to register other things that will happen during the year in your association, perhaps for competitions, meetings or trainings. Here you will find an example of an annual wheel.

Trainings

We in the Swedish Budo & Martial Arts Confederation offer several different trainings for our members. On our website you will find a list of which trainings are available, when they are organised and what you do to register. The Swedish Sports Confederation's training organisation, SISU Sports Trainers (SISU), also offer training and support for associations. Both RF and SISU have regional operations. Please contact RF and SISU in the district your association belongs to, in order to get information about what trainings they offer. Not sure which district your association belongs to? <u>Here you will find a list of all RF and SISU districts</u>.

Financial support

As an association within the Swedish Budo & Martial Arts Confederation, you also have the opportunity to apply for various financial contributions. <u>On our website you will find a list and descriptions of current financial and project supports that can be applied for</u>.

Insurance

All members of an association that have membership with the Swedish Budo & Martial Arts Confederation are insured for accidents when they carry out the association's activities. <u>On our</u> website you will find more information about the insurance. Anything you are wondering about? Perhaps you will find the answer in our <u>list of answers to</u> <u>frequently asked questions</u>, our FAQ.

How to contact the confederation

You are also welcome to contact us at the offices of the Swedish Budo & Martial Arts Confederation. <u>Here you will find contact information for the staff at the office</u>.

Once again, we wish you welcome as a member association in the Swedish Budo & Martial Arts Confederation!